

## Questions to Ask To Discover Strengths and Culture

## For Families

What were you like as a child?

Who has had the biggest influence on your life?

What makes you happy?

Who are your closest friends and why are they special to you?

What is the bet time you ever had?

What do you like to do in your free time?

What is your neighborhood like?

How did you meet your significant other?

What are the best things about you? Your family? Your neighborhood?

What do you admire the most about your parents?

What do you like best about your son/daughter?

How do you blow off steam?

What was the best vacation you ever took? What made it the best?

What makes you mad?

What are your favorite TV shows? Movies? Books?

Name a celebrity who is most like you.

Describe the best time you ever had with your son/daughter.

When was that?

What was your life like then?

Who helps you out when you're in a crisis?

What is our most prized possession and why?

## For Kids:

What is the best thing you can tell me about yourself?

What is your favorite color? Subject in school? Sports figure? Musician? Person?

Who is your best friend and why?

What do you value most in friendship?

What would your best friend tell me about your personality?

Tell me about your friends/

If you could live anywhere, where would you live and why?

Tell me about the best day you had with our Mom/Dad in the last three months.

What did you do?

Why was it a good day?

Do you have a favorite pet?

What do you like about your pet?

Name two good things about your family. Your school? Your neighborhood?

Whom in your family are you most like? Why?

Whom do you admire most in your family? Why?

Where do you like to go to visit? Why?

What is your favorite activity/sport?

What do you like to watch on TV? Why?